

Timeline: Isy Aran Murrigan, right wrist & forearm

For QME Dr. F, 02 Feb. '05

Medical history:

- Asthma
- Gastroesophageal reflux

Allergies:

- Demerol (psychosis)
- Sulfa (rash)
- Wasp sting (dyspnea)

Sensitivities:

- Percocet (halts peristalsis)
- PO steroids (spectacular hyperacidity & nausea)

Current medications:

Med	Dose	Purpose
Zyrtec	10 mg QD	Allergies (seasonal)
Singulair	10 mg QD	Asthma
Prevacid	30 mg QD-BID	GERD
Amityptilline	25 mg, 1-3 tabs, QHS	Nerve pain
Albuterol MDI	2 puffs PRN	Asthma
Intal MDI	2 puffs QID (poor compliance)	Asthma (maintenance)

Date	Event	Comments
12/15/00	Reported wrist pain to HR.	Bilateral wrist pain, always worse after work. Taping for dorsal support. <i>Cut back on sports and arts & crafts.</i>
Dec '00-Oct '01	Diagnosis of RMS with possible tendonitis , R > L. <u>Intervention:</u> OT	Inadequate response. Referred to Dr Klein. <i>Gave up weightlifting.</i>
9/27/01	3- view X-ray B wrists	Right wrist, widened scapholunate gap.
10/31/01	MRI R wrist <u>Plan:</u> Arthroscopic surgery	Volar ganglion. <i>Gave up motorbike riding.</i>
1/4/02 SURGERY	Arthroscopic R wrist ganglion resection.	Two keyhole incisions in dorsal wrist. Ganglion removed. Ligaments intact.
1/21/02	1 st adverse event: infection. <u>Intervention:</u> Cipro	Localized redness, swelling, pain at left incision. <u>Work status:</u> Limited use of right hand. Wrist splint.
2/25/02	2 nd adverse event: reinjured in sleep.	R wrist and hand bruised and swollen from wrist to 1 st knuckle. <u>Work status:</u> Manual work 4 hrs/day. <i>Gave up jewelry making and recreational writing.</i>
4/11/02	Follow-up visit: extensor tendonitis <u>Intervention:</u> Marcaine and Kenalog into 4 th dorsal compartment. Hurt like hell	Pain worst over back of wrist. Redness over medial wrist @ radial extensor area. Bruising over dorsal lateral wrist. <u>Work status:</u> <= 4 hours typ/writ per day. Wear splint intermittently.