

## Timeline – Isy Aran Morrigan

<b>Surgeries, tests, legal milestones</b>	<b>Diagnoses &amp; events also in bold.</b> <u>Plans and interventions underlined.</u>	<u>Work status underlined.</u> <i>Life impact italicized.</i>
<b>Date</b>	<b>Event</b>	<b>Comments</b>
12/15/00	Wrist pain becomes chronic.	Bilateral wrist pain, always worse after work. Taping for dorsal support. <i>Cut back on sports and arts &amp; crafts.</i>
Dec '00-Oct '01	Diagnosis of <b>RMS with possible tendonitis</b> , R > L, widened scapholunate gap. <u>Intervention</u> : OT	Inadequate response. Referred to Dr K. <i>Gave up weightlifting. Gave up snowboarding &amp; x-c skiing.</i>
<b>9/27/01</b> <b>XRAY #1</b>	<b>3- view X-ray B wrists</b>	Right wrist, widened scapholunate gap.
<b>10/31/01</b> <b>MRI #1</b>	<b>MRI R wrist</b> <u>Plan</u> : Arthroscopic surgery	Volar ganglion. <i>Gave up motorcycle riding.</i>
<b>1/4/02</b> <b>SURGERY #1</b> <b>R wrist</b>	<b>Arthroscopic R wrist ganglion resection.</b>	Two keyhole incisions in dorsal wrist. Ganglion removed. Ligaments intact.
Jan and Feb, '02	Adverse events: <b>infection, reinjured</b> in sleep.	<u>Work status</u> : Limited use of right hand. Wrist splint. Work 4 hrs/day. <i>Gave up jewelry making and recreational writing, including journaling.</i>
4/11/02	Follow-up visit: <b>extensor tendonitis</b> <u>Intervention</u> : Marcaine and Kenalog injection. <i>Hurt like hell.</i>	<u>Work status</u> : <= 4 hours type/write per day. Wear splint intermittently.
May '02	Worsened. <u>Intervention</u> : 2 wks leave	In pain 90% of the time. <u>Work status</u> : temporary total disability from 5/7 to 5/21. <i>Gave up flute playing and self-prep cooking.</i>
<b>5/25/02</b> <b>MRI #2</b>	<b>Repeat MRI, right wrist.</b>	MRI essentially negative, except scapholunate widening.
June '02	<u>Plan</u> : consults: 1. Dr. J, head of Hand & Microsurgery at Univ. 2. Dr. Q, head of Acute Rehab at hospital	Failing to heal. <u>Work status</u> : 6/13: Modified duty: </= 3 hours of keyboard/writing per day. 6/20: 4 wks disability, with wrist immobilized.

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7/29/02 <b>XRAY #2</b>	4 <sup>th</sup> adverse event: <b>extensor tendonitis, radial neuritis.</b>  <u>Intervention:</u> custom splint, avoiding radial extensor	Significantly increased pain after one week on modified duty. Radial-cutaneous nerve (RCN) impingement. <i>Gave up all swimming, incl. kickboard.</i>
8/15/02	<b>Dr J:</b> 2 <sup>nd</sup> opinion, surgical  <u>Plan:</u> EMG nerve conduction study to evaluate carpal tunnel. Surgery for definitive assessments & repairs.	Carpal tunnel syndrome. ? ligament tear in scapholunate joint (turned out, no.) Tendonitis, extended into hand. Neuroma/s in back of wrist/hand. RCN impingement.
9/11/02 <b>EMG/NCS #1</b>	<b>EMG/nerve conduction study</b> Dr. S	Disparity noted R/L. Definite R carpal tunnel indrome.
12/23/02 <b>SURGERY #2</b> R wrist & R forearm	<b>Carpal tunnel release.</b> <b>Radial neurectomy.</b> <b>Radial neurotomy.</b> <b>Tenosynovectomy.</b>	Thickening of nerve over edge of extensor tendon/muscle. Dr Klein has photos. <i>Percocet shut down GI motility. <b>Hospitalized</b> x 4d over holidays.</i>  <i>All sports and hobbies given up, except movies &amp; reading. Weight gain increases.</i>
01/07/03	<b>Nerves trapped in scar tissue</b> <u>Plan:</u> OT	ROM in single digits.  <i>Keeping very quiet. ↑ activity → ↑ blood flow → ↑ pain.</i>
Rest of 2003	Follow-up visits (summarized)  <u>Interventions:</u> More OT. Adaptive car shift implement.	Hardening off for work. Moving up to full time as tolerated. Office visits: 3/13, 4/8, 5/6, 7/1, 10/14  <i>Tried to take up flute again in April, but had to quit.</i>
Jan-Mar '04	6 <sup>th</sup> adverse event: <b>increased wrist/forearm pain</b>  <u>Intervention:</u> Kenalog & Marcaine inj.	Pain in body of wrist and up forearm. Less benefit from injection.  <i>↑ pain w/ ↑ activity. ? bruising @ injection site.</i>
05/04/04 <b>P&amp;S #1</b>	<b>Discharged from Dr K's care</b>	Dr. K said he could do nothing further without greater risk than benefit. Said I could return for yet another recheck if I wanted to, but he wasn't going to hold me to it.
November/December '04	7 <sup>th</sup> adverse event: <b>increased pain/inflammation</b> with onset of cold weather	Nearly pain-free for some parts of summer. Significant worsening with cold weather, all 3 main areas. Manager notified.